



Thank you for your interest in the Container Conspiracy Project and its STEM education initiative, the **Metal Petal Patch**. Our collective is a passionate group of small business owners and educators committed to making an impact in Houston communities. What began as a simple community garden at The Shack in Sunnyside has blossomed into a larger mission; connecting students with hands-on learning through sustainability, science, and innovation.

## 01. Elementary School (Pre-K to 5th): The Amazing World of Plants

### a. Unit 1: Plant Life Cycle

#### A. Lesson 1: Parts of a Plant (roots, stems, leaves, flowers, fruits/seeds) – hands-on dissection of a plant.

##### 1. Overview<sup>1</sup>:

This interactive science lesson introduces students to the five main parts of a plant; roots, stems, leaves, flowers, and fruits/seeds, through a hands-on plant dissection activity. Students will explore real plants, identify each part, and learn their functions in a fun and engaging way.

##### Key Features

- Students work in small groups to dissect and observe a real plant.
- Emphasis on tactile learning, scientific observation, and vocabulary building.
- Supports state science standards for plant biology and life cycles.
- Encourages curiosity, teamwork, and respect for nature.

##### Learning Objectives

- Identify and label the major parts of a plant.
- Understand the function of each plant part.
- Practice observation and scientific inquiry through exploration.

**Potential Materials Used<sup>2</sup>:** Fruiting Plants, child-safe garden tools.

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<sup>1</sup> This is an example of the lesson plans provided by The Metallic Sunflower Foundation if you/your school decided to partner with us. Lesson plans would include materials, books, etc. to help aid with the educational experience.

<sup>2</sup> This is based on the resources available to the Metallic Sunflower Foundation through donations from sponsors, the public, and members of our collective.



- B. Lesson 2: Plant Needs (sunlight, water, nutrients, air) – simple hydroponic setup demonstration.
  - C. Lesson 3: Germination Experiment – planting seeds in hydroponic and soil environments, comparing growth.
  - D. Lesson 4: The Life Cycle (seed, sprout, seedling, plant, flower, fruit/seed) – creating a class timeline and observations.
- b. *Unit 2: Water Wonders*
- A. Lesson 5: Water Absorption – observing how plants absorb water through their roots using colored water.
  - B. Lesson 6: Water Conservation – discussing water usage and conservation strategies in gardening.
  - C. Lesson 7: The Water Cycle – demonstrating the water cycle using a simple model.
  - D. Lesson 8: Water Testing – testing the pH of water and its impact on plant growth.
- c. *Unit 3: Nutrients and Growth*
- A. Lesson 9: Plant Food – introducing the concept of nutrients and their importance for plant growth.
  - B. Lesson 10: Nutrient Deficiency Experiments – observing the effects of nutrient deficiencies on plant growth in hydroponic systems.
  - C. Lesson 11: Healthy Eating – connecting plant nutrients to human nutrition.
  - D. Lesson 12: Hydroponic System Design – building a small-scale hydroponic system.

**Suggested Duration: 6–8 weeks (1-2 session per week)**

## Unit 1: Plant Life Cycles

*Students explore how plants grow, change, and reproduce through hands-on observation and experimentation.*

### Lesson Topics:

- Parts of a plant (roots, stems, leaves, flowers, fruits/seeds)
- Plant needs (sunlight, water, air, nutrients)
- Germination and early growth
- Stages of the plant life cycle

### Key Outcomes:

- Students identify major plant parts and their functions
- Students explain what plants need to survive
- Students understand the basic plant life cycle

### Hands-On Workshops:

- Plant dissection and observation
- Seed planting in soil and hydroponic systems
- Life cycle timelines and class observations

## Unit 2: Water Wonders

*Students investigate how water supports plant life and learn why water conservation matters.*

### Lesson Topics:

- How plants absorb and transport water
- Water conservation in gardening
- The water cycle
- Water quality and pH

### Key Outcomes:

- Students explain how plants use water
- Students understand the water cycle
- Students recognize how water quality affects plant health

### Hands-On Workshops:

- Colored water absorption experiments
- Water cycle models
- Basic pH testing activities

## Unit 3: Nutrients and Growth

*Students learn how nutrients support healthy plants and apply their knowledge through system design.*

### **Lesson Topics:**

- Plant nutrients and plant food
- Effects of nutrient deficiencies
- Connecting plant health to human nutrition
- Introduction to hydroponic systems

### **Key Outcomes:**

- Students explain why plants need nutrients
- Students observe cause-and-effect relationships in plant growth
- Students connect food systems to human health

### **Hands-On Workshops:**

- Nutrient comparison experiments
- Observing plant growth in hydroponic systems
- Building a mini hydroponic setup

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